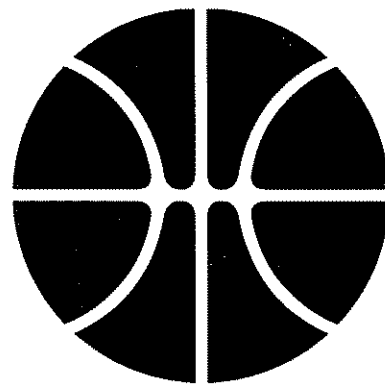


FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

ENSURE A BRIGHTER FUTURE TODAY



Winter 2012
Co-ed Youth Sports Ages 4-17
DOWNTOWN YMCA

STRONG KIDS CREATE STRONG COMMUNITIES

We are dedicated to molding the lives of our kids and creating friendships and memories that will last a lifetime.

YOUTH SPORTS PROGRAM

Winter Season Schedule

Practices:

Begin Week of Jan 23rd

Soccer-Practices will be at Copley YMCA. Days and times TBA

Basketball-Practices will be at Downtown YMCA on Mon, Wed or Fri. Practices times will be at 5pm or 6pm.

Flag Football-Practices will be at Copley YMCA or Downtown YMCA Days and times TBA.

Games:

Jan 28-Mar 17 at local YMCAs

Sat-Soccer-Please leave time slot 9am-3pm open. Games are at Copley YMCA

Basketball-Please leave time slot 1pm-5pm open. Games are at Downtown YMCA

Sun-Flag Football-Please leave time slot 9am-2pm open. Games are at Toby Well YMCA

Registration & Fees

"Walk-In Registration" - Come into the Downtown YMCA and register at the front desk.
Downtown YMCA

500 W Broadway
San Diego, CA 92101

Early Registration (Dec 12- Jan 21) Fee: \$55

Late Registration (Jan 23- Feb 11) Fee: \$65

Open house/Sign up Day:

Saturday January 21 from 1:30pm-2:30pm. Please join us at the Downtown YMCA for a free tour of our facility, sports activities and to sign up for Winter Sports. Early Registration ends on January 21.

Uniforms

All players are provided with a uniform top and must supply their own athletic shorts.

Volunteer Coaches

The Y needs helpful and committed volunteers. If you would like to volunteer this season, please contact the Downtown YMCA today!

Contact Information

Michael Greco
Senior Program Director-Camps/Sports/Outreach/PE
619-232-7451
mgreco@ymca.org
www.downtown.ymca.org

CHOOSE YOUR SPORT

Start	End	Sport	Practice Schedule	Cost (Early/Late)	Age Groups
Jan 28	Mar 17	Basketball	M-W or F	\$55/65	4-6, 7-9, 10-13, 14-17
Jan 28	Mar 17	Soccer*	W-Th or F	\$55/65	4-6, 7-9, 10-13, 14-17
Jan 28	Mar 17	Flag Football	T-W-or F	\$55/65	4-6, 7-9, 10-13, 14-17

*Shin guards are required.

BECOME A MEMBER OF THE DOWNTOWN YMCA!

Receive 100% off the joining fee!*

Membership at the Downtown YMCA includes:

- Over 400 free group exercise classes
- Free 12 Week Fitness Program with personal coach
- Full indoor basketball court
- Free access to Mission Valley, Toby Wells, and Hazard Center YMCA's

* This is a savings of \$100-\$150! Offer excludes Membership Plus. Offer good January 12, 2012. More information can be found at 619-232-7451 or www.downtown.ymca.org.